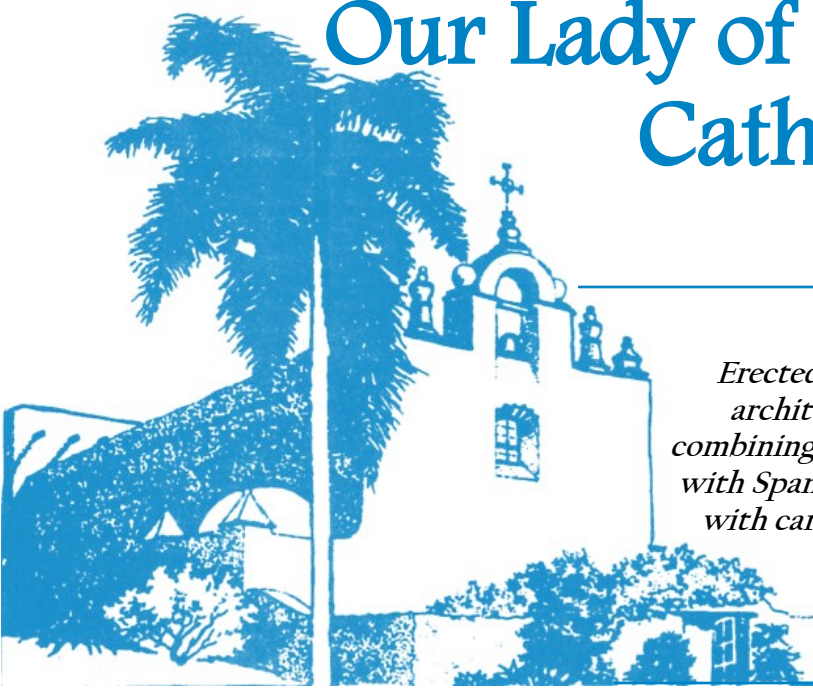


# Our Lady of Mount Carmel Catholic Church



*Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees is typical.*

Monsignor Stephen Downes, Pastor  
Father Maurice O'Mahony, Pastor Emeritus  
Father Carrol O'Sullivan, Retired  
Father Jack Shine, C.M., Weekend Associate

Rectory Phone 805/969-6868  
1300 East Valley Road Fax 805/565-5959  
Santa Barbara, California 93108  
*website:* www.mtcarmelsb.com  
email: dellastrada1300@gmail.com

Masses  
Daily 7:45 AM  
Saturday 7:45 AM Vigil Mass 4:30 PM  
Sunday 8:00 AM. 10:00 AM. 12 Noon

Holy Day Mass Vigil Mass 5:30 PM  
Mass Times on Holy Days  
7:45 AM. 9:00 AM (*School Mass*) & 5:30 PM

Confessions: Saturdays 3:30- 4:15 PM *\*In Side Chapel\**

Baptisms: 1st & 2nd Sundays of the Month

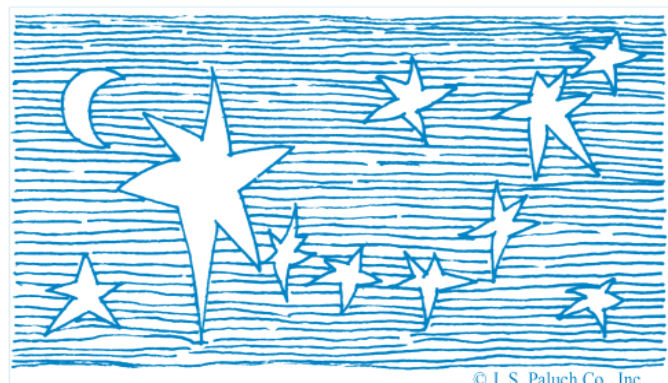
Religious Education 805/969-4868  
Sister Kathleen Patrice, C.S.J. - Director  
*srkathleen@mountcarmelschool.net*

Youth Minister/Confirmation Coordinator  
Sarah Mack - Youth Minister 805/574-9941  
*olmcsb93108@gmail.com* - Young Adult Ministry - MCYA  
High School Confirmation - '*El Camino*'  
Middle School Youth Group - '*The 'M&M's*'

Weddings  
The Bride or Groom must be a registered, contributing and active member of Mt. Carmel Parish for at least one year before requesting a marriage date.  
Please call the Rectory at least six months before the proposed date of marriage or email us at [weddings@olmc-montecito.com](mailto:weddings@olmc-montecito.com) for more information.

Our Lady of Mount Carmel School 805/969-5965  
530 Hot Springs Road • Santa Barbara, 93108  
*Pre-K thru 8th Grade* • Principal — Karen Regan  
[www.mountcarmelschool.net](http://www.mountcarmelschool.net)

Secular Order of Carmelites - Meets 2nd Sat. of each month  
Evelyn Duimovich 805/969-3858



© J. S. Paluch Co., Inc.

**The Fifth Sunday  
Of Ordinary Time  
FEBRUARY 8, 2015**

**[The LORD] tells the number of the stars  
and calls them by name.**

— Psalm 147:4

# FROM THE PASTOR'S DESK

© J.S. Paluch Co., Inc.

## Fr. Steve

Human misery and suffering face us in today's Readings. Job, the good man who had everything, loses family, wealth and health and ends up crying out in misery: "I shall not see happiness again" (Job 7:7). Does God really care about suffering? The answer is very clear: Jesus is the healing presence of God. In today's Gospel (Mark 1:29-39) Jesus heals Simon Peter's mother-in-law and then cured all who were ill and came to the door for healing. He is the Lord "who heals the broken-hearted and binds up their wounds" (Psalm 147:3 to-day). Our challenge as followers of Jesus is to make present his compassion and caring by responding in practical ways that lead to healing of body and spirit of people suffering in our world. Sometimes the need is overwhelming. Jesus shows how we can begin as he draws aside and prays. All we say and do must begin and end in prayer with Jesus who is the healing presence of God in our world.

\* Children from Our Lady of Mount Carmel School will help in our celebration of Holy Eucharist at 10 AM Mass this Sunday, the School Family Mass for the month of February.

\* This Sunday is Announcement Sunday for the Annual Appeal, Together in Mission. In 2014 Together in Mission supported 80 parishes and 63 schools from every region of the Archdiocese. Your gift can be the one that allows a priest to serve communities in need or for a parish school to remain open to serve children in need. Everyone on our mailing list will receive a letter from our Pastor, Father Steve, this week. He will speak at all Masses this weekend and next Sunday and ask for your generous donation or four month pledge so our parish can meet its parish goal for the Annual Appeal this year. Our goal is \$42000. Your openness and generosity will be very important for our parish to meet its goal and for the continued ministry of the Church in the poorest parishes and schools of the Archdiocese. Many thanks and God's blessings on all!

\* Ash Wednesday and the beginning of Lent take place this year on February 18th. More information in next Sunday's bulletin.

\* RCIA classes for Non-Catholics interested in learning about the Catholic Faith and for adult Catholics who would like to prepare for First

(Cont'd on next page, top right)

Holy Communion and/or Confirmation continue on Tuesday nights in the Spiritual Library in the School from 7:00 to 8:30 PM. Any questions? Call Father Steve at the Parish Office (969-6868).

\* Online giving is now available at Our Lady of Mount Carmel Church. Online giving is a convenient and safe way to make your donations which show your love for God and his Church, especially if you are out of town or unable to come to Our Lady of Mount Carmel Church every Sunday. Just visit our parish website at [www.mtcarmelsb.com](http://www.mtcarmelsb.com) and click on Giving (or DONATE) link/tab.



Our Lady of Mount Carmel

## WELCOME TO OUR LADY OF MT. CARMEL CHURCH

If you are visiting or new to our community, **we are blessed that you are here to worship with us and we welcome you.** Our Pastor, our Retired Priests and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community and ministries, please call or stop by our Parish Office. Our office hours are Monday thru Friday, 8:30am- 12 noon and from 1:30pm - 5pm. Our office number is 805/969-6868.

Join us for cappuccino, coffee and donuts in the Side Courtyard, after the 10am Sunday Mass.

### Online Giving

Our Lady of Mt. Carmel now offers Online Giving.

**Convenient. Easy. Secure.**

**Sign up today on**  
**[www.mtcarmelsb.com](http://www.mtcarmelsb.com)**

How great is God's love for us! Your generous giving shows your love for God and God's Church.

#### Parishioner Registration Form

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
email \_\_\_\_\_

**Check One:**  New Parishioner  New Address  
 Would like Offertory Envelopes  
 Moving out of the Parish

**Please place the form into the Offertory basket or bring it by the Parish Office.**





## Ministry Assignments

### SATURDAY, FEB 7th

**4:30 PM**

**Lector** - Martin Bell

**Eucharistic Ministers** - J. Stratford, J. Samuelson & E. Guadagnini

**Altar Servers** - Nicole Figueroa, Matthew Helkey & Clarissa Davis

### SUNDAY, FEB. 8th

**8:00 AM**

**Lector** - Eloise Srednicki

**Eucharistic Ministers** - D. & B. Crooks

**Altar Servers** - Sam Kratmann, Natasha Huey & Emma Coglizer

**10:00 AM**

**Lector** - John Kelly

**Euch. Ministers** - M. Press, W. Gragg, B. Nielsen  
C. Webb, M. & T. Lorge, R. & M. Willmon

**Altar Servers** - Luke & Riley Peterson  
Ann Bentajado

**12:00 PM**

**Lector** - Mel Weddle

**Euch. Ministers** - R. & J. Victoria

**Altar Servers** - Juan Valtierra, Kate & Emily Wazny



### Catholic Charities Food Pantry

Catholic Charities Food Pantry continues to need food for the homeless and those who have lost their jobs, especially during this holiday season! **Your donations can be dropped off in the Vestibule of the Church or at the Rectory Office.** Thank you for your generosity!

**“Whatever you do for one of my brothers, you do for me.”**  
**Matthew 25:39**

### You Are Supported in Your Time of Loss

The Parish Staff & Clergy of Our Lady of Mt. Carmel Parish want you to know that we are here to serve you at the time you might suffer the loss of a loved one.

Please contact the Parish Office immediately upon the death of a family member so that we can begin to pray for you, your loved one, and make us aware of your needs in the coming days — (805) 969-6868.

Praise the Lord, for he good.



## Mass Intentions

### SAT. FEB. 7th

7:45 AM Philomena Supple +

4:30 PM Peter Samuelson +

### SUN. FEB. 8th

8:00 AM George Duimovich +

10:00 AM Pasqual Comaglea +

12:00 PM Dr. Joseph Maguire +

### MON. FEB. 9th

7:45 AM Int. of Miri Mara

### TUES. FEB. 10th

7:45 AM John Martin+

### WED. FEB. 11th

7:45 AM Stanley Hayden +

### THU. FEB. 12th

7:45 AM Int. of Albert Woodfox

### FRI. FEB. 13th

7:45 AM Guido Fenu +

### SAT. FEB. 14th

7:45 AM Jack Morehart +

4:30 PM Gino & Rosetta Guadagnini

### SUN. FEB. 15th

8:00 AM Joyce Williams +

10:00 AM Veronica Franklin +

12:00 PM Margaret B. de Mille +

Great is the Lord and  
mighty in power.

### Please Pray For The Sick Of Our Parish

Bruce Albertson, Jack Jones, Jo Dushais, Rosemary Donohue, Patricia McNamara, Eric Lundy, Christopher Guadagnini, Tyler Hester, Dylan Swalley, Ann Rosecrance, Frances Maher, Maddie Press, the Borgatello Family, Mary McCormack, Marilyn Schuermann, , Robert Munoz, Roger Cass, Jim Fuller, Susan Basler, Ritz Brunello, Francisco Ramos, Ruben Camacho, Domini Tarman and Richard Sharp.

**Do you know of someone who is NO longer in need of being on our list?** Wish to add immediate family?

Does someone need to be visited? Please call our Parish Office at 805/969-6868.



### SHRINE CANDLES

Candles can be purchased in the Parish Office or from Oscar, our Parish Care-taker. The donation is \$4.00.



Here at OLMC Parish, we strive to offer our youth a place to "Belong, Believe, Become".



OUR LADY OF MOUNT CARMEL FAITH FORMATION PROGRAM  
*Instructing children in an enriching, loving, and learning environment.*

"El Camino"

High School Confirmation Group

We explore our faith & journey to The Rite of Confirmation through topical discussion, music, debate, multimedia & art. Meets two Sundays a month, from 11am to 12:30pm in our Parish Hall.



Sessions & Gatherings

- ◇ Feb. 8th Mass & Regular Session
- ◇ Feb. 22nd 5:00pm Mass for Families, Candidates & Sponsors

"Sanctus" High School Leadership Group

- ◇ Peer Leaders for M&M's Youth Group
- ◇ February Young Adult 'Eastside Taco Crawl'

"M & M's"

Middle School Youth Group

Open to all 6th - 8th graders from ANY school. Meets on Wednesdays, 6:30pm - 8pm in Parish Hall



Upcoming Events

- ◇ Feb. 17th **MARDI GRAS—SHROVE TUESDAY**  
**Learn about Shrove Tuesday, Ash Weds & Lent while Feasting on Pancakes at IHOP Carpinteria**  
\$5 pp — Need to RSVP — 6pm to 8pm  
(Call or text Sarah— 805.574.9941)

"MC-YA" OLMC Young Adult Ministry

Join us this month for the 'Eastside Taco Crawl'

We are young adults between the ages of 18 to 39 who strive to develop our Catholic identity, strengthen our relationship with Christ, with one another, and with the wider community. We do this by planning and participating in a variety of spiritual, social, and service opportunities. Theology on Tap, Retreats, Food drives and much more.

**Please contact Sarah Mack Youth/Young Adult Minister @ 805-574-9941 or [olmcbs93108@gmail.com](mailto:olmcbs93108@gmail.com) to be added to our email list.**

**Faith Formation Scripture by Heart**

**February**

**'LOVE'**

**Live in love, as Christ loved us.**

**Safeguard Our Children**  
**Pornography Consuming**  
**Our Children**

The largest consumers of Internet pornography are children between the ages of 12-17. More than half of boys and a third of girls have seen pornography before their teenage years. Thirty-five percent of young teenage boys (13-14 years old) say that they have seen pornography "more times than I can count." By the age of 18, more than nine out of 10 boys, and six out of 10 girls have seen pornography online.<sup>2</sup> The best defense against allowing pornography to reach our children is to stop it before it begins or to address it immediately.

For complete VIRTUS® article with tips for parents and caring adults email: [jvienna@la-archdiocese.org](mailto:jvienna@la-archdiocese.org)

**WHOLE COMMUNITY FAITH SHARING**  
**Week of February 8th - Mark 1:29-39**

**Reflection:** This week's Gospel tells of Jesus and his healing ministry. He heals Simon's mother-in-law and countless others who are brought to him. Jesus sought some time to regenerate alone with prayer, but still knew that his mission was for everyone not just one village or group of people. We can all be inspired by the actions of Jesus in this gospel. How we act demonstrates to others our faith and trust in Him.

**Question:** When I hear of people who are sick, lonely or discouraged, what do I do?

**Faith Response:** When confronted with people in need, I will respond with kind actions and healing prayers.

# School News

© J. S. Paluch Co., Inc.



## A Catholic Community

Our Lady of Mount Carmel School Community is a partnership of parents, students, staff and parish communities that nurtures the growth of the whole child in a Catholic faith-based education through a challenging academic environment.

In this Christ-centered atmosphere, the unique qualities of each student are recognized. Children are encouraged to be life-long learners, and are taught to be active Christian leaders throughout their lives.

## Academics

OLMCS has a solid academic program including instruction in religion, mathematics, language arts, reading, science, social studies, technology, physical education, and an integrated fine arts program. OLMCS is accredited through National Catholic Education Association (NCEA) and Western Association of Schools and Colleges (WASC).



**Monthly School Tour**  
**THIS Tuesday, February 10th ♦ 9am**  
**Pre-K thru 8th grade**

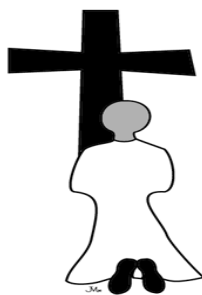
We accept students for admission without reference to race, color, age, national and ethnic origin or gender.

## Flu and Cold Season are Here....

Fr. Steve says, “Your health is a great blessing from God and requires our care and attention. Please follow the advice of doctors in caring for yourself and your family. If you or your family have the flu or a cold, it’s best to stay home and care for the person. In this situation, you can excuse yourself from Mass on Sunday.

If you come to Mass and have a cold or possibly the flu, we ask you not to drink from the Sacred Cup at Communion time. At the Sign of Peace, do not shake hands, but let the other person know that you are not feeling well and wish them peace and God’s blessings. These simple common sense suggestions will safeguard your health, as well as the health of other parishioners.”

## Stations of the Cross and Soup Dinner



In the spirit of the Lenten Season, you are invited to **Friday Stations of the Cross followed by a Soup Dinner**, starting Friday, Feb. 20th at 6:00 pm. **We are in need of soup makers.** If you can help there are sign up sheets at the entrance of the Church or contact Sister Kathleen Patrice 805.969-4868.

## OUR PARISH FINANCES

Many thanks to all for your generous contributions to our Church in the Offertory Collection each Sunday.

Here is the report for the Offertory Collection on Sunday, January 17th/18th:

Envelopes & Plate Collection	\$6,974
Donations for Maintenance & Repairs	\$2,300
	<hr/>
Total	\$9,274

Your generous giving in the Offertory Collection each Sunday is very important and funds all the parish worship, religious, educational and service programs of the parish and helps in making necessary repairs and continuing maintenance of the Church and parish buildings and grounds.

Online giving is now available at Our Lady of Mount Carmel and provides a new way to show your love for God and his Church through your generous donations. Just visit our parish website at [www.mtcarmelsb.com](http://www.mtcarmelsb.com) and click on Giving (or DONATE) link/tab.

Many thanks and God's blessings for your generous giving to God and his Church.

***Come with us on a . . .***



## "Catholic Road Trip"

Our Lady of Mount Carmel Parish invites everyone to come on a journey; a truly stimulating pilgrimage! Passports not required.

Through the incomparable enthusiasm of Father Robert Barron --speaker, author, and theologian -- we will explore, be challenged, and even surprised by our Catholic Faith. We'll watch the acclaimed series 'Catholicism' in our Parish Hall, and have a short discussion afterwards.

**Sunday Mornings 8:40 am - 9:50 am**

- Experience our Faith from its earliest years through the ages of saints and missionaries to the present day, "traveling" to 50 locations worldwide.
- Expect to bring home much more than you brought on this trip. Come with open eyes to the drama, truth, and beauty of our Faith.
- Non-Catholic friends and relatives are most welcome!

**For more info, contact: Sister Kathleen Patrice at 805.969.4868  
or Tina Lorge at 949.300.7980**

**Bishop Diego High School  
Invites you to their Annual Auction and Dinner**

**Satur-**

**day,  
March**

**14, 2015**

*Off To The Races*

*Sr. Theresa Reis, S.M.D.*

**Honoring**



**SAINTS AND SPECIAL OBSERVANCES**

Sunday: Fifth Sunday in Ordinary Time  
World Marriage Day  
Tuesday: St. Scholastica  
Weds: Our Lady of Lourdes  
World Day of the Sick  
Thursday: Abraham Lincoln's Birthday  
Saturday: St. Cyril and St. Methodius  
Valentine's Day



Anointing of the Sick

© J. S. Paluch Co., Inc.

**Catholic Daughters Annual Valentine Tea**

Friday, February 13th ♦ 2:00 pm  
Serra Hall ♦ Tickets are \$35 each  
For reservations, please call Denise at 805.895-0231 or at [tallyn1020@aol.com](mailto:tallyn1020@aol.com). Seating is limited, so please make your reservation early.

**LIVING GOD'S WORD**

After his time spent alone, Jesus was very certain of his purpose. We, too, can be more aware of God's purpose for us if we but make the time to listen.

© 2014 World Library Productions

**Worldwide Marriage Encounter**

*A weekend of discovery, a lifetime of love.*

Attend a Worldwide Marriage Encounter weekend to help deepen your communication, strengthen your relationship, rekindle your romance and renew your sacrament.

For more information about upcoming dates and locations, please contact Jeanine & Russ Walker at 805/648-4244. You can also register at the WWME website — [www.twocanlove.org](http://www.twocanlove.org).



**RECITATION OF THE ROSARY**

The Rosary is recited everyday after the 7:45 am Mass. Please join us in the Main Church.

The Rosary is a special set of prayers to God that help us to remember the most important events in the lives of Mary and Jesus.

**READINGS FOR THE WEEK**

Monday: Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56  
Tuesday: Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13  
Weds: Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23  
Thursday: Gn 2:18-25; Ps 128:1-5; Mk 7:24-30  
Friday: Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37  
Saturday: Gn 3:9-24; Ps 90:2-6, 12-13; Mk 8:1-10  
Sunday: Lv 13:1-2, 44-46; Ps 32:1-2, 5, 11; 1 Cor 10:31 — 11:1; Mk 1:40-45

**Coffee, Donut & Cappuccino Ministry**

Did you know???? Your one, two and three dollar donations to our Coffee & Donut Basket have directly benefited the Catholic Charities Food Pantry. In 2014, we collected a TOTAL of \$670, which was used to purchase groceries for the Pantry. (This is a 50% increase from 2013!) Thank you!! You are a blessing to our city!

He calls each by name.

**Reflecting on God's Word**

Sue loves to iron clothes. In the process, she says, she also irons out her life, all its wrinkles and creases. She says she can stand neither her clothes nor her life when they're all rumpled. John runs every day. A lot of folks do. He hasn't missed a day in five years. But it's also where he and they pace out the rhythms of their lives. More than one frazzled mother has locked herself in the bathroom for twenty minutes of solitude and quasi-peace. Sometimes deserts look like bathrooms. Even teenagers know the need, so they crank up some tunes, stretch out on their beds, and listen beyond the music to the melodies played upon their lives.

I suspect there is a lot going on in those spaces. That's where kids get raised and loves get sorted and businesses are merged and decisions unraveled and re-raveled. But somewhere in the midst of it all we also make some decisions about who and what we want to become in this life—at any age. That's where goodness has a chance to surface and values are affirmed and commitments are remade for the umpteenth time and faith sprouts forth. And then it becomes prayer, out of the silence and the stillness and the darkness of time spent alone.

- Rev. Joseph J. Juknialis © 2014, WLP